## Competency Task List - Secondary Component

Baking and Pastry Arts/Baker/Pastry Chef CIP 12.0501
High School Graduation Years 2022, 2023, 2024

## 100 Introduction to the Hospitality and Baking Industry

| Item | Task | $\begin{array}{c}\text { (X) Indicates } \\ \text { Proficiency }{ }^{1}\end{array}$ | $\begin{array}{c}\text { Secondary Course } \\ \text { Crosswalk }\end{array}$ |
| :--- | :--- | :--- | :--- | :--- |
| 101 | $\begin{array}{l}\text { Define hospitality and the importance of customer service within the baking } \\ \text { and pastry industry. }\end{array}$ |  |  |
| 102 | Discuss the growth and development of the baking and pastry industry. |  |  |$)$

## 200 Sanitation and Safety

| Item | Task | (X) Indicates <br> Proficiency ${ }^{1}$ | Secondary Course <br> Crosswalk |
| :--- | :--- | :--- | :--- |
| 201 | Identify microorganisms which are related to food spoilage and food-borne <br> illnesses and describe their requirements and methods for growth, <br> symptoms, and prevention. |  |  |
| 202 | Describe cross-contamination and procedures for preparing and storing <br> potentially hazardous foods. |  |  |
| 203 | Follow guidelines for hygiene, health habits, and industry-standard apparel. |  |  |
| 204 | Identify the requirements for receiving and storing raw and prepared foods <br> and the reasons for and signs of food spoilage and contamination, e.g., <br> FIFO. |  |  |

$\left.\begin{array}{|l|l|l|l|}\hline 205 & \begin{array}{l}\text { Explain the difference between cleaning, sanitizing, and the use and storage } \\ \text { of chemicals. }\end{array} & & \\ \hline 206 & \text { Develop and follow a cleaning schedule. }\end{array}\right)$

## 300 Business and Math Skills

| Item | Task | (X) Indicates <br> Proficiency ${ }^{1}$ | Secondary Course <br> Crosswalk |
| :--- | :--- | :--- | :--- |
| 301 | Perform basic math functions using the baker's percentage (\%) and friction <br> factor. |  |  |
| 302 | Discuss labor costs. |  |  |
| 303 | Calculate the cost of recipes/formulas, including as purchased, edible <br> portion, and factors affecting yield percentage. |  |  |
| 304 | Calculate the selling price of bakery items. |  |  |
| 305 | Complete a sales transaction using related industry standards, including <br> cash handling and current technology, e.g., guest checks, computers, <br> calculators. |  |  |


| 306 | Perform basic math functions using decimal, percentages, fractions, <br> conversions, and measurements as related to the baking and pastry <br> industry. |  |  |
| :--- | :--- | :--- | :--- |
| 307 | Perform equivalent measures associated with weight and volume and <br> distance, including metric and English units. |  |  |

## 400 Baking Preparation

| Item | Task | (X) Indicates Proficiency ${ }^{1}$ | Secondary Course Crosswalk |
| :---: | :---: | :---: | :---: |
| 401 | Identify ingredients used in baking, describe their properties, and list the functions of various ingredients, including but not limited to, flours, sugars, fats, egg products, dairy, chocolates, herbs, spices, and extracts. |  |  |
| 402 | Perform knife skills and classic cuts while practicing safety techniques. |  |  |
| 403 | Use and care for hand tools. |  |  |
| 404 | RESERVED |  |  |
| 405 | Prepare and fill a pastry bag and utilize a variety of tips to demonstrate proper use, e.g., cake decorating and pastry products. |  |  |
| 406 | Use and care for food processing, cooking, and baking equipment. |  |  |
| 407 | Read and follow a standard recipe/formula. |  |  |
| 408 | Perform a variety of cooking methods, e.g., baking, frying, deep frying, boiling, blanching, poaching, and steaming. |  |  |
| 409 | RESERVED |  |  |
| 410 | Perform food presentation techniques, e.g., plated desserts. |  |  |
| 411 | Write food requisitions for production requirements. |  |  |
| 412 | RESERVED |  |  |

## 500 Baking Fundamentals

| Item | Task | $(X)$ Indicates <br> Proficiency ${ }^{1}$ |  |
| :--- | :--- | :--- | :--- |
| 501 | Demonstrate scaling and measurement techniques used in baking. |  | Secondary Course <br> Crosswalk |
| 502 | Prepare yeast products, e.g., hard and soft breads and rolls. |  |  |


| 503 | Prepare enriched yeast dough products including laminated dough and sweet dough. |  |  |
| :---: | :---: | :---: | :---: |
| 504 | Prepare quick breads. |  |  |
| 505 | Prepare pies and tarts. |  |  |
| 506 | Prepare cookies. |  |  |
| 507 | Prepare creams, mousses, custards, and related sauces. |  |  |
| 508 | Prepare cakes. |  |  |
| 509 | Prepare icings and glazes. |  |  |
| 510 | Perform cake decorating techniques, e.g., icing writing, borders, flowers, leaves, and rosettes. |  |  |
| 511 | Perform cake decorating techniques, including royal icing, rolled fondant, gum paste, air brush designs, and edible images. |  |  |
| 512 | Discuss the applicability of convenience, value added, further processed, or par-baked food items. |  |  |
| 513 | Prepare fillings and toppings for pastries and baked goods. |  |  |
| 514 | Prepare pastry products from pate choux, phyllo, puff pastry and crepes. |  |  |
| 515 | Prepare French, Italian, and Swiss meringues. |  |  |
| 516 | Prepare doughnuts. |  |  |
| 517 | Prepare frozen desserts. |  |  |
| 518 | Prepare breakfast items and sandwiches. |  |  |
| 519 | Label and store bakery products to prevent or reduce spoilage and staling. |  |  |
| 520 | Discuss showpieces, including gingerbread, chocolate, sugar, ice, and fruit carvings. |  |  |
| 521 | Prepare a variety of petit fours, e.g., macarons, petit four glace, financiers. |  |  |

## 600 Purchasing, Receiving, Inventory and Storage

| Item | Task | (X) Indicates <br> Proficiency ${ }^{1}$ | Secondary Course <br> Crosswalk |
| :--- | :--- | :--- | :--- |
| 601 | List factors that affect food prices and quality which may include market <br> fluctuation and product cost. |  |  |
| 602 | Describe purchasing methods, e.g., bids, purchase orders, phone, sales <br> quotes, online. |  |  |


| 603 | Identify regulations for the inspection and grading of bakery ingredients, <br> e.g., flour, sugar, eggs, dairy products, and fruits. |  |  |
| :--- | :--- | :--- | :--- |
| 604 | ddentify inventory systems including perpetual and physical inventories and <br> requisition systems for controlling costs, e.g., computerized systems. |  |  |

## 700 Nutrition

| Item | Task | (X) Indicates Proficiency | Secondary Course Crosswalk |
| :---: | :---: | :---: | :---: |
| 701 | List food groups and recommended servings in USDA Food Guide Charts. |  |  |
| 702 | Discuss dietary guidelines and recommended dietary allowances for a nutritious diet. |  |  |
| 703 | Define energy nutrients and non-energy nutrients and how they are metabolized by the human body. |  |  |
| 704 | Calculate individual dietary intakes by using the RDA dietary guidelines. |  |  |
| 705 | RESERVED |  |  |
| 706 | Interpret food labels in terms of the portion size, ingredients, nutritional value, and nutritional claims. |  |  |
| 707 | Describe the six classes of nutrients - carbohydrates, fats/lipids, protein, vitamins, minerals, and water. |  |  |
| 708 | Discuss the functions, sources, and effects of the six classes of nutrients on a healthy lifestyle. |  |  |
| 709 | Discuss various diets and health concerns related to alternative dieting, vegetarianism, poor nutrition, and food allergies. |  |  |
| 710 | RESERVED |  |  |
| 711 | Apply principles of nutrition and nutrient preservation while preparing bakery goods and menu items. |  |  |
| 712 | RESERVED |  |  |
| 713 | RESERVED |  |  |
| 714 | RESERVED |  |  |
| 715 | RESERVED |  |  |
| 716 | RESERVED |  |  |

## 800 Baking Planning

| Item | Task | $($ X) Indicates <br> Proficiency ${ }^{1}$ | Secondary Course <br> Crosswalk |
| :--- | :--- | :--- | :--- |
| 801 | Determine basic production planning principles. |  |  |
| 802 | Create menu item descriptions for bakery goods. |  |  |
| 803 | Discuss baking facilities, planning, and layout principles. |  |  |
| 804 | Discuss planning and time management as it relates to a baking facility. |  |  |
| 805 | Identify methods of promoting baked goods, display techniques, and <br> seasonal merchandising. |  |  |

## 900 Human Relations Skills

| Item Task $(X)$ Indicates <br> Proficiency ${ }^{1}$ Secondary Course <br> Crosswalk <br> 901 Work as a member of a diverse team as it relates to the baking industry.   <br> 902 Identify the benefits of a positive work environment by motivating <br> employees, reducing stress, and resolving conflict.   <br> 903 Use professional communication, e.g., email, phone, and social media.   <br> 904 Identify the baker's role in decision making, problem solving, and delegation <br> of duties.   <br> 905 Identify current federal and state employment laws, e.g., Equal Opportunity, <br> Harassment, Affirmative Action, Wage and Hour.   <br> ${ }^{1}$ Student Demonstrated Entry-Level Industry Proficiency as Indicated by (X) Date   <br> Secondary CTE Instructor Signature Date   |
| :--- |
| Student Signature |

